

2014 年 09/14- 09/20 (第三週) 小家兒童活動內容建議

對象：2-10 歲的小家兒童 (建議：2 歲以下孩子，有專人看顧。 10 歲以上的孩子成為助教)

09/15 重新建造聖殿吧！ 以斯拉記 1: 1 - 10			
7:20	準備時間		
7:30 -	敬拜		以上只是提供參考，請以小家最多孩子的年齡層來挑選合適的歌曲
7:45 -	等候神一分鐘+禱告	(1) 安靜等候 1 分鐘 (2) 禱告	*可用教會等候神音樂約一分鐘，讓孩子躺下，老師可以為孩子默禱。請把燈關暗，協助孩子安靜進入等候 *老師可讓孩子圍成圈，一起為身體不舒服，或者要考試的孩子禱告
7:55 -	聖經教學 背經	以斯拉記 1: 3 在耶路撒冷重建耶和華--以色列神的殿。	兒童版 活潑生命
	聖經故事 問題	Q: 塞魯士為什麼讓人重建耶路撒冷聖殿呢?	兒童版 活潑生命
8:15	點心時間	準備簡單的水果/ 食物	*請協助孩子洗手，盡量不要讓小孩用高椅子在廚房洗手台自己洗手，以免發生從高椅子跌倒的狀態 *提醒孩子上洗手間，開門關門要輕聲喔!
8:30	勞作時間		參考附錄 請幫助孩子做勞作，不願意做勞作的小朋友可以給她其他的事情做，或者畫畫，看書
9:15 - 9:30	Clean up/ Video Time	自由選擇	



以斯拉記 1 : 3

在耶路撒冷重建耶和華——以色列神的殿。

(和合本)

Ezra 1 : 3

Go up Jerusalem in Jerusalem build the
temple of the LORD.

(NIV)

Wrok sheet 1

Discussion with children how to make our body like God's temple so cleansing and pure:

We can make our body like a Temple by keeping it clean inside and out.

Keeping our INSIDES clean:

- Watch only clean movies, television programs, and videos
- Look at and read only wholesome books and magazines.
- Listen to uplifting music.
- Keep my body sacred and private.
- Think pure thoughts.
- Do not date until age sixteen.
- Choose good friends.

Keeping our OUTSIDES clean:

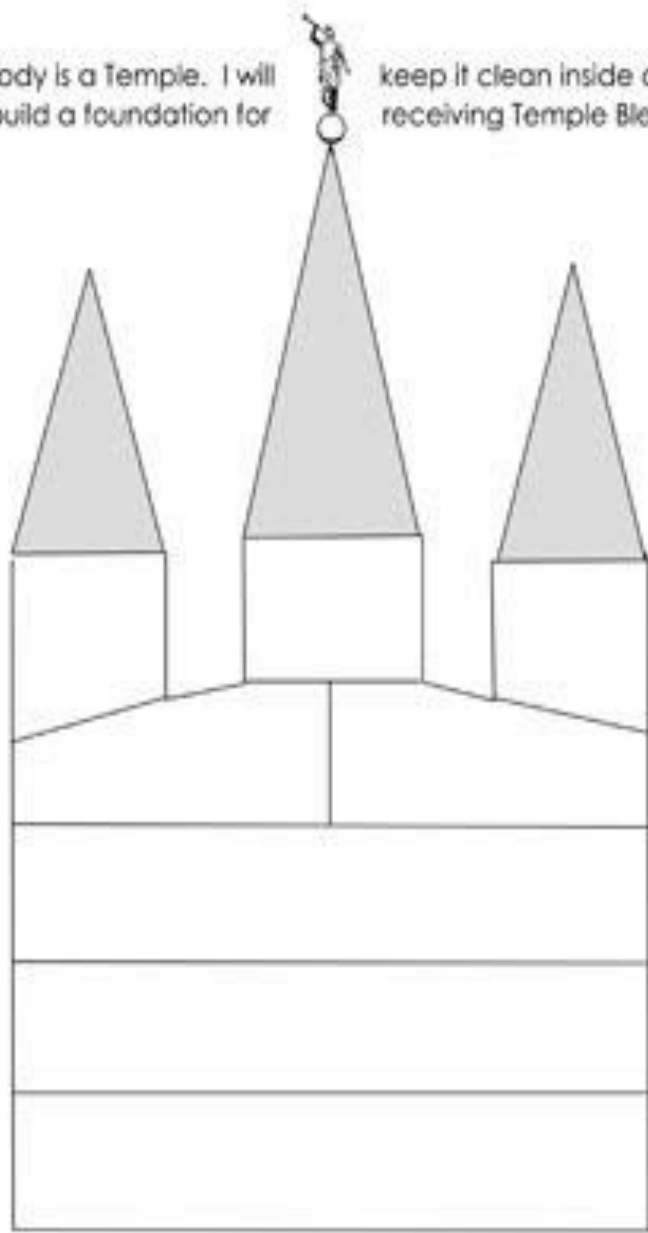
- Dress Modestly.
- Use clean words.
- Obey the Word of Wisdom.
- Eat good foods and Exercise.
- Be clean by showering regularly, brushing teeth and combing hair.

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Please see the following worksheet after the discussion, children can cut them out and make the temple complete!

My body is a Temple. I will
to build a foundation for

keep it clean inside and out
receiving Temple Blessings.



Word of
Wisdom

Eat good foods
and Exercise

Dress
Modestly

Shower, brush teeth
and comb hair

Use clean words

Do not date
until sixteen

Think only
pure thoughts

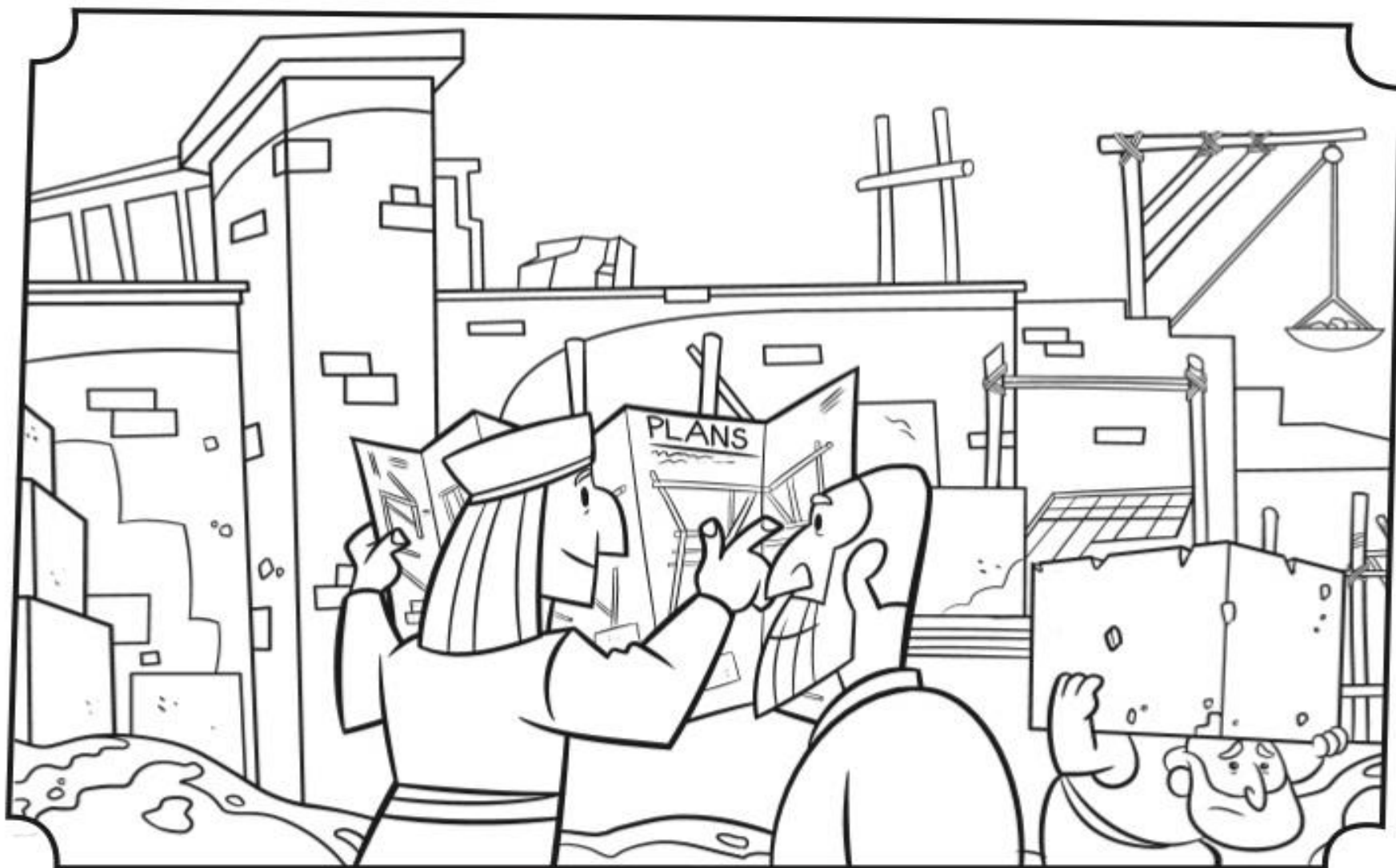
Choose
good friends

Listen to uplifting music

Keep my body
sacred and private

Watch clean movies
and television shows

Read clean books
and magazines



Jeshua and Zerubbabel led the Israelites to rebuild the temple in Jerusalem,
which was finished in 516 B.C.. - **Ezra 3**